



# Consent for Remote Group Sessions

To reduce the exposure of our clients and our staff to infectious disease during this highly unusual circumstance related to the COVID-19 pandemic, the provision of substance use disorder services has moved from an in-person format to a telehealth format.

In addition to one-on-one sessions, group sessions continue to be an important and therapeutic part of your recovery. Western Montana Mental Health Center (WMMHC) will continue to provide group sessions and will need your help to make these sessions confidential for everyone involved. You may choose not to participate in any group sessions and continue to receive one-on-one services only.

We will be able to guarantee a confidential setting on the part of our therapist. We will need to following assurances from you:

- You will find a quiet, confidential and private location to participate in group.
- You will immediately alert the therapist running the group if you are unable to maintain the confidential and private nature of your location.
- You agree to participate in these remote group sessions, understanding that other clients will also be in locations that are not controlled by WMMHC.

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I agree to the three conditions stated above and will not join a group session if I cannot reasonably expect to maintain the confidential and private nature of my location. I will let the therapist running the group session know if I am uncomfortable at any time during the session.

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Client's printed name

\_\_\_\_\_  
Client Signature

Date: \_\_\_\_\_