



Consent for Treatment

I consent to behavioral health treatment with WMMHC for myself/minor child/designee.

I understand all clients of WMMHC are eligible to receive a range of services addressing substance use disorders, mental health disorders, and medical issues (as applicable) on a limited basis.

The type and extent of services I/my child receive(s) will be determined through a collaborative treatment team effort and

through discussion with me/my child in the development of an individualized treatment plan.

I understand a range of behavioral health professionals, some of whom are in training, provide WMMHC services. Designated licensed staff provides oversight to all professionals in training.

I understand the various treatments offered provide significant benefits and may pose risks, which can be discussed with the treatment team. The process of behavioral health recovery may include relapse.

I understand some areas of WMMHC campuses are under camera surveillance to address safety and security concerns.

I understand the success of treatment is dependent upon motivation to change with the therapeutic support of WMMHC professional staff.

I understand if I am at least 16 years of age, I may consent to receive services from WMMHC without parental consent.

[Signature on Client Acknowledgement Form]



Client Rights

1. You have the right to be treated in a non-discriminatory manner with dignity and respect while receiving behavioral health services at any WMMHC facility.
2. You have the right to be treated without regard to physical or mental disability, unless such disability makes treatment afforded by the facility non-beneficial or hazardous. Treatment will reflect both your ability to benefit from services and others' treatment rights.
3. You have the right to practice your religion of choice, insofar as such practice does not infringe on the rights and treatment of others. You have the right to be excused from any religious practice.
4. You have the right to participate in the development of an individual treatment plan and any ongoing planning of your behavioral health services. You have the right to a reasonable explanation, in terms you can understand, of your general condition; treatment objectives; the nature and significant possible adverse effects of recommended treatment; reasons this treatment is considered appropriate; and what, if any, alternative treatment services and types of behavioral health providers are appropriate and available.
5. You have the right to be free from excessive or unnecessary medication. You have the right to give informed consent to take or not take antipsychotic or other medications if they are prescribed to you, unless the court has ordered differently or an emergency situation exists where your life or the lives of others are in danger.
6. You have the right to confidential records. Although you must give written approval to allow your records to be released in most cases, there are some exceptions to this rule under state and federal law.
7. You have the right to request access to your records and the right to request corrections or amendments to your records. These and other privacy rights are explained more fully in WMMHC's Notice of Privacy Practices.
8. You have the right to the maximum amount of privacy consistent with the effective delivery of services to you.
9. You have the right to appropriate treatment and related services under conditions that are supportive of your personal liberty.
10. You have the right to not be subjected to experimental research or other experimentation without your informed, voluntary, and written consent.
11. You have a right to be free from abuse and neglect, or threats of abuse and neglect, while receiving services at WMMHC.
12. You have the right to a humane psychological and physical environment while receiving services at WMMHC.
13. You have the right to receive information about WMMHC's client grievance procedure and how to file complaints. You must be allowed to exercise this right and other rights without reprisal, including reprisal in the form of denying you appropriate, available treatment. WMMHC recognizes that some clients may need assistance and/or support in filing their grievance. If clients request assistance in this respect, WMMHC will provide a referral to a local client support group, a family member's support group, or a state designated advocacy agency.
14. You have the right to communication with family in emergency situations.
15. You have the right to receive services which reflect the awareness of the special needs of gender.
16. You may have additional rights listed in Montana Statute, most of which apply to inpatient settings and jail diversion programs and rights during an involuntary commitment process. A member of your treatment team will explain these rights to you if you have concerns.

[Signature on Client Acknowledgement Form]



Client Responsibilities

As a partner in your healthcare, we will work with you to accomplish your treatment goals. On a separate document, we described your rights as our client. This document describes your responsibilities. Please do not hesitate to ask your clinician or provider if you have questions or concerns about these responsibilities.

Your responsibilities include:

- **Attend your scheduled appointments.** Make every effort to attend your appointment. If you won't be able to attend an appointment, please give as much advance notice as possible to the front desk. If we don't hear from you by the morning of your appointment, we may use your appointment for someone else.
- **Answer questions fully to the best of your ability.** Providing accurate and complete information to your care team will help them work with you to design your treatment plan and to make adjustments as needed.
- **Ask questions of your care team.** Since your treatment will be designed by you and your care team, making sure you understand what is being discussed is important.
- **Follow the Agreed-upon Treatment Plan.** You will make the final decision as to what your treatment plan will include. Make sure you understand and then follow this plan. If you wish to adjust your treatment plan, please let your clinician or provider know.
- **Update your care team.** If you are experiencing any changes in your health or symptoms, please let your care team know so the changes can be incorporated into the ongoing treatment plan. Also, let your care team know if you have a living will, medical power of attorney, or advance directive.
- **Respect the Staff and other Clients.** Show respect for the rights and property of the staff and our other clients. Also, the staff may ask you to observe certain precautions which will be for the safety of all individuals. Please follow those instructions.

Thank you!



Grievance Procedure, Aggressive Behavior Policy, Smoking & Weapons

We will be working closely together so we want to be sure you are aware of how you can file a grievance and what behaviors you will need to avoid when working with us.

Grievance Procedure

We would like to resolve any concerns you have as soon as possible. Maybe times, a conversation to sort through miscommunications or misunderstandings will be enough to address the issue. If this does not resolve your concern, WMMHC has established a grievance procedure for clients who believe their rights have been violated by the Center. If you feel your rights have been violated, please ask for the Grievance form. The instructions to file the grievance are on the form.

Aggressive Behavior Policy

All WMMHC Programs are designed to provide a safe place for our clients and staff. Aggressive behavior does not fit into this philosophy and will not be tolerated at WMMHC facilities, against other clients or WMMHC staff. Aggressive behavior is defined as yelling, pushing, physical fighting, throwing objects, swearing, or acting in a manner perceived to be threatening. If aggressive behavior occurs, WMMHC will use the guidelines below to determine the appropriate course of action. The WMMHC staff member, possibly after consultation with a supervisor, may choose a different course of action or move through the steps more quickly, depending on the severity of the behavior.

STEP ONE: You/your child will be asked to leave the program/office for the day and you/your child will be referred to a member of your treatment team to address the aggressive behavior.

STEP TWO: You/your child will be asked to leave the program/office for one week. Prior to returning, you/your child will be required to meet with a member of your treatment team to develop a plan for adherence to the policy.

STEP THREE: You/your child will be asked to leave the program/office for 30 days. Prior to returning, you/your child will be required to attend a treatment team meeting to evaluate the appropriateness of continued participation in the program.

PLEASE NOTE: Due to the unique nature of 24-hour crisis programs, residential programs, and secure units as well as the CSCT programs, additional policies may apply in those programs.

Smoking & Weapons

WMMHC is invested in the health and well-being of clients and staff. All WMMHC facilities are non-smoking which includes all types of tobacco, vaping, and e-cigarettes. No firearms or weapons are allowed at any WMMHC facility.



Notice of Privacy Practices Effective Date April 2017

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. MEDICAL INFORMATION INCLUDES SUBSTANCE USE DISORDER INFORMATION.

OUR COMMITMENT AND LEGAL DUTY

Western Montana Mental Health Center recognizes the importance of maintaining the confidentiality and security of your protected health information or 'PHI' (individually identifiable information relating to your past, present or future health condition, provision of health care to you, or payment for that health care). As required by law, we maintain safeguards to protect your health information against unauthorized access, use, or disclosure. We are required to give you this notice to inform you of our legal duties and your rights concerning your protected health information, and how we may use or disclose that information. WMMHC is required by law to abide by the terms of this Notice. We reserve the right to change the terms of this Notice and to make the revised Notice effective for health information we already have about you and any we receive in the future. A copy of the current notice will be posted in a common area of our facilities. You may also request a copy of this notice at any time or access it on our website (www.wmmhc.org).

HOW WE MAY USE AND DISCLOSE YOUR HEALTH INFORMATION

As a health care provider, we use and sometimes disclose your PHI for the purposes of treatment (for example to coordinate your care with another provider), payment (verify eligibility and submit claims) and for health care operations (for example quality assurance and improvement activities). Except as outlined below, we will not use or disclose your protected health information for any other purpose or to any one else unless you have given us your authorization to do so. You may give us authorization to disclose your health information to anyone whom you designate. Your authorization must be in writing, using our Release of Information form designating what information may be released and to whom it may be released. You may revoke an authorization at any time but a revocation will not affect any use or disclosure permitted by the authorization while it was in effect.

Your PHI related to **substance use disorder treatment** is protected by additional Federal laws and regulations which provide a higher level of protection in some circumstances. For example, under these laws, WMMHC may not say to a person outside WMMHC that you attend the program, nor may WMMHC disclose any information identifying you as an alcohol or drug abuser, or disclose any other protected information except as permitted by federal law. Other exceptions to permitted uses and disclosures of information related to substance use are indicated in the following section in this notice.

Uses or Disclosure of Your Protected Health Information Permitted or Required **Without** Your Authorization

When required by law. For example, we may disclose PHI when a law requires us to report certain information, or in response to a court order provided that certain regulatory requirements are met. We may also disclose PHI as required or permitted by law to report suspected abuse or neglect, and as required by authorities that monitor compliance with privacy laws.

In a medical emergency. We may disclose PHI to medical personnel in cases of medical emergency.

To avert threats to health or safety. In order to avoid a serious threat to health or safety, we may disclose PHI to law enforcement in certain situations such as when a threat is made to commit a crime on the program premises or against program personnel.

For research. We may disclose your information for scientific research if certain requirements are met.

Working with Business Associates. PHI may be disclosed to a qualified service organization or business associate who may perform various functions on our behalf or provide certain types of services such as WMMHC's legal counsel and our electronic health records system vendor. Agreements with such parties subject them to the same legal requirements regarding the protection of your PHI.

Relating to decedents. We may disclose certain information to coroners, medical examiners and/or funeral directors as consistent with the law.

Public Health / Health Oversight: We may disclose PHI as required to public health authorities and to a health oversight agency for activities authorized by law such as audits, investigations, inspections and licensure.

Treatment and Payment. We may use and disclose your PHI for treatment and payment purposes (described in the second paragraph of this notice). This does not apply to disclosures of Substance Use Disorder specific treatment information, which requires your authorization.

Military and Special Government Functions. If you are a member of the armed forces we may release information as required by military command authorities. We may also disclose information to Correctional Institutions or for national security purposes. This does not apply to disclosures of Substance Use Disorder specific treatment information, which requires your authorization.

Unless you object, we may also disclose your health information that is relevant to a family member, relative, close personal friend or any other person identified by you who is involved in your health care or payment related to your health care. This does not apply to disclosures of Substance Use Disorder specific treatment information, which requires your authorization.

Disclosures of Your Protected Health Information that **Require Your Authorization**

We will ask for your written authorization before we use or disclose your protected health information for any purpose other than those describe above. For example, we would require your authorization for the use or disclosure of psychotherapy notes in most cases (please note that progress notes are not considered psychotherapy notes). We would also require your authorization for uses or disclosures for certain types of marketing activities and any disclosure that constitutes a sale of health information.

YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION

You have the following rights regarding your health information:

Right to Inspect and Copy. In most cases, you have the right to inspect and obtain a copy of your health information that we maintain in a designated record set. Usually, this includes health information that is used to make decisions about your care, as well as billing records, but does not include psychotherapy notes or information compiled for use in civil, criminal or administrative proceedings, or in other limited circumstances. You must submit your request in writing using our access request form, and we may charge a fee to cover the cost associated with providing you with a copy. In addition, we may deny your request to inspect and copy your information in certain limited circumstances. Depending on the circumstances of the denial, you may have the right to have this decision reviewed.

Right to Amend. If you believe that health information we have about you is incorrect or incomplete, you may ask us to amend that information for as long as the information is kept by us. To request an amendment your request must be made in writing using our amendment request form. We may deny your request if, for example, we determine that your information is accurate and complete, or if the information was not created by us or is not part of the designated record set.

Right to Request Restrictions. You have the right to request a restriction or limitation on certain uses and disclosures of your health information. WMMHC is not required to agree to restrictions you request except under certain circumstances, but if it does agree, then it is bound by that agreement and may not use or disclose any information you have restricted, except as necessary in a medical emergency. Your request must be in writing and contain: the information you want to limit, whether you are requesting a limitation in the use or disclosure of your information, or both, and to whom you want the limitation applied.

Right to an Accounting of Disclosures. You have the right to request a list of disclosures of your health information made by WMMHC. We are not required to provide an accounting of disclosures made to you, disclosures made pursuant to your authorization or certain other disclosures otherwise permitted or required by law (for example, disclosures made for the purposes of treatment, payment or healthcare operations). Your request must be submitted in writing and must specify a time period which may not exceed six years. The first list you request within a 12-month time period will be free; we may charge a fee for additional lists requested within the same 12-month period.

Right to Choose How We Contact You. You have the right to request that we communicate with you in a certain way or at a certain location. For example, you may request that we contact you only by phone or mail or email and only at work or at home. These requests must be in writing to the address below. We will accommodate any reasonable requests.

Right to a Paper Copy of this Notice. You also have the right to receive a paper copy of this notice at any time.

Right to be Notified of a Breach. You have the right to be notified if a breach occurs that may have compromised the privacy or security of your information.

QUESTIONS AND COMPLAINTS

You may contact WMMHC if you have a question about this Notice. You may also file a complaint with WMMHC or with the Department of Health and Human Services, Office for Civil Rights if you believe your privacy rights have been violated. You will not be penalized for filing a complaint. To ask a question or file a complaint with WMMHC submit your question or complaint in writing to:

WMMHC Administration ATTN: Privacy Officer
1321 Wyoming Street
Missoula, MT 59801
406.532.8400



PEOPLE WHO SUPPORT ME AUTHORIZATION*

Client Name: _____ Date of birth: _____

We, at Western Montana Mental Health Center, understand the important role families and friends play in our lives and in our healthcare. To support the role your family members and friends have in your care, we would like to understand who they are and how to reach them. We also wish to understand how much you would like us to share with them.

Name	Relationship	Contact Number	What to Share
			<input type="checkbox"/> updates (example: appointment dates, summary of progress) <input type="checkbox"/> diagnosis <input type="checkbox"/> everything <input type="checkbox"/> involvement in treatment planning <input type="checkbox"/> other: _____
			<input type="checkbox"/> updates (example: appointment dates, summary of progress) <input type="checkbox"/> diagnosis <input type="checkbox"/> everything <input type="checkbox"/> involvement in treatment planning <input type="checkbox"/> other: _____
			<input type="checkbox"/> updates (example: appointment dates, summary of progress) <input type="checkbox"/> diagnosis <input type="checkbox"/> everything <input type="checkbox"/> involvement in treatment planning <input type="checkbox"/> other: _____

By completing and signing this form, you are informing WMMHC of the individuals with whom **we may share information about you** as described above. You may revoke this authorization at any time. You may also decline to provide any names of individuals with whom we may communicate and still receive care.

Regardless of the above, this individual is my **emergency contact** should you need to reach me and cannot do so after reasonable attempts.

Name:	Relationship	Contact number
-------	--------------	----------------

CLIENT SIGNATURE: _____ Date: _____

(*Instructions to staff on next page)

Revocation of Receiving information about me
 I no longer wish to have _____ receive any information about me.

Signature: _____ Date: _____

***INSTRUCTIONS to STAFF PERSON RECEIVING THIS INFORMATION:**

1. Upload document to Client > Client Information > Personal Information > All Materials Collected > Add new event and select People Who Support Me; Description will be relationship from form above
2. Add emergency contact to Collateral area

We are here to provide access to hope, meaningful life choices and better outcomes.

Administrative Office: 1321 Wyoming Street Missoula, MT 59801 • (406) 532.8400 • (406) 356.5213 (fax)



**Client Acknowledgment –
Consent, Rights, and Behavior
Expectations
Mental Health**

Please Initial Below to indicate you have received, read, and understand the following documents.

_____ **Consent for Treatment**

_____ **Client Rights in the State of Montana**

_____ **Client Responsibilities**

_____ **Grievance Procedure, General Aggressive Behavior Policy, Smoking and Weapons**

_____ **Notice of Privacy Practices**

_____ **People Who Support Me form**

Client Signature: _____

Printed Client Name: _____

Parent/Guardian Signature (if applicable): _____

Parent/Guardian Printed Name: _____

Date: _____